

SYLLABUS

17.03.2022 nr 6.1-14/785-1

SUBJECT CODE		ÕOKC5203			
NAME OF THE SUBJECT (in Estonian)		Isikliku arengu programm			
NAME OF THE SUBJECT (in English)		Personal development program			
VOLUME (ECTS)		3 EAP			
CURRICULUM		ERASMUS students			
PREREQUISITE MODULES AND SUBJECTS:		None			
VOLUME OF STUDIES (study group/form of study)					
LECTURE (number of hours)	SEMINAR (number of hours)	PRACTICAL WORK (number of hours)	INDIVIDUAL WORK (number of hours)	E-LEARNING (number of hours)	TOTAL (number of hours)
16	20		42		78
OBJECTIVE OF THE SUBJECT: To create a learning environment for learning together to support the acquisition of the necessary knowledge and skills to communicate with different personality types, to acquire the ability to manage the processes of achieving goals and feedback in order to use these skills in everyday communication.					
LEARNING OUTCOMES		ASSESSMENT METHODS		ASSESSMENT CRITERIA	
After completing the subject the student:					
Knows the principles of counselling and is able to use them appropriately		Discussions and feedback		Active participation in discussions and group works	
Has gained experience in the process of planning and feedback on goals, taking responsibility and giving responsibility to others, involvement and motivation		Analysis of the responsibility and roles in the team, the process of involving and motivating others - feedback, analysis of the activities		Team roles and responsibilities have been analysed. Acquisition of the feedback skills	
Has had good practice in people-to-people communication, including in a multicultural environment, guided in setting their own development goals		Discussions, group work and feedback		Participation in practical assignments, active listening, feedback	

Giving feedback will consider personal and cultural specifics	Discussions, group work and feedback	Participation in practical assignments, active listening, feedback
<p>Requirements for and the composition of the final grade / credit test:</p> <p><u>Requirements for assessment:</u> Attendance 90%</p> <p><u>Assessment form:</u> Subject is assessed in a non-differentiated assessment (pass/fail).</p> <p>The subject is passed/failed on following criteria:</p> <ul style="list-style-type: none"> • participating in 90% of lectures; • active listening and involvement; • timely submission of individual tasks. 		

Compiled by: Aiki Pärle

Date: 14.03.2022